

About Strike One

Come join Strike One and our professional instructors to improve upon all areas of your baseball skills. The Strike One Summer Clinic will be held to improve all players skills, confidence and knowledge of America's greatest game.

The Strike One Baseball Facility in Danvers and Strike One instructors have been providing instruction in baseball and softball since 1992. Thousands of young ballplayers have attended our clinics over the past many years with extremely positive results.

This year we are thrilled to joint venture with the Legends Baseball Facility and their instructors to offer a fantastic baseball camp once again.

Learn and understand more about:

- * Hitting
- * Pitching
- * Catching
- * Fielding
- * Infield Play
- * Outfield Play
- * Baserunning
- * Throwing Mechanics

**This camp is regulated
by the Lynnfield Board of Health
and complies with all
town and state
Board of Health regulations**

Clinic will include the following:

- * 1 full week of top level instruction on the fundamentals of hitting, throwing, and fielding.
- * Top rated staff of professional instructors with low student to instructor ratio.
- * Drill stations stressing baseball fundamentals.
- * Motivational talks on baseball and life skills.
- * and much, much, more...

***Proper baseball attire should
be worn including a baseball
hat.***

Bring a lunch!

Don't forget sunscreen!

***Clinic Cost

\$175 (ages 7-12 from 9am-3pm)

\$100 (ages 5-7 from 9am-12pm)

Lynnfield Summer Clinic Registration - 2011

Name _____

Street _____

City _____ State _____

Zip: _____ DOB: _____

Phone (H) _____

(W) _____

(e-mail) _____

Please choose a session:

____ 9am-3pm for ages 7-12 years (Cost: \$175)

____ 9am-12pm for ages 5-7 years (Cost: \$100)

**July 11 - 15, 2011
Lynnfield Middle School**

Payment can be made by cash or check only to:

**Lynnfield Recreation Dept.
55 Summer Street
Lynnfield, MA 01940**

*For more information, please contact the
Lynnfield Recreation Dept. at 781-334-9488*