



Lynnfield Substance Abuse Prevention Committee Minutes: November 13, 2023

Present: Lydia Sweetser, Phil Crawford, Peg Sallade, Glenn Davis, Coral Hope, Toni Rebelo, Diana DeLeo, Kate DePrizio, Diane Courtney, Ron Block, Jessica Tortola, Stacy Dahlstedt, Rob Dolan, Natasha Shah, Scott Formica, Carmela Dalton, Linda Naccara, Glenn Mortimor, Heather Day

I: Chair Phil Crawford called the meeting to order. Introductions were made.

II: Approval of Minutes: A motion was made to approve October 2023 minutes. The motion was seconded and approved by all.

III: Coalition Business

- **Youth Program Updates**

- [Red Ribbon Week Recap, Unity Day Recap, Great American Smokeout Nov 16th](#)

- **Committee Updates**

- **Parent Advisory Committee- Dec 14th at 6pm next meeting**

- YRBS results will help inform the family meals campaign– conversation kits; Exploring partnering with MassGeneral
<https://thefamilydinnerproject.org/>

- **Press & Communications**

- [Blog Calendar for 2024](#)– Link is filled with last year, please email with ideas/topics you would like to write about
- Reach out with topics, 300-500 words due on the 1st of the month, posted on our socials, website, LPS Smores, Newspapers.
- Look at [Communication Plan](#) for themes to write with

- **Fundraising Updates**

- Annual Campaign Mailer sent out to all Lynnfield Residents, and an electronic version has been sent out to our email subscribers. Please remind your neighbors of AHL and our mission, encouraging donations.
- Wizards– Nov 20th looks good!
- Giving Tuesday, November 28th, please reshare our posts encouraging people to make donations to our 501(c)(3).

- **Upcoming Programs**

- **Screenagers Under the Influence, Dec 5th at 6pm**

IV: Community Updates

- **Public Health & Safety**

- Flu, RSV, COVID vaccine clinic this week.

- Narcan Rescue boxes have been received! Keep them in mind when we have community Narcan, CPR, AED classes
- DMH Grant for Lynnfield Police Assisted Community Outreach Team/Crisis Intervention and Diversion Program has been awarded.
- **School**
 - Boys and Girls Soccer are in the final 4 for States, Cross Country have also made it to states
 - YRBS went out to High School and Middle School last week-thank you!
- **Community**
 - Sunday, November 19th, Rotary Turkey Trot– they have been able to add a 3rd scholarship with the funds raised from this event! Please join them.

VI: **New Business**

- **Family Engagement Specialist**
 - Jess has been settling nicely into her position, helping families with not only language barriers but with cultural barriers
 - [Talking Points](#) App is utilized to communicate directly with parents and others to view/send messages in your own home language without sharing your personal phone number
 - Conversation cards around Thanksgiving to share to multilingual families will share with them Lynnfield culture and help facilitate conversations with family in English
- **Scholarship Committee Representative**
 - Email Lydia at sweetserl@lynnfield.k12.ma.us if you are interested! Meeting in December, not again until May when application closes
 - Suggestion from Ron and Stacey to blind our application review
- **[Parent/Caregiver Survey](#)**
 - [Live on November 27th until December 15th.](#) Repost please!!
- **Discussion on [emerging trends/policy](#) for opiates, synthetic drugs, and tobacco prevention-please see linked resources.**
 - [Overdose Prevention Center \(MPHA Factsheet\)](#)
 - [Tobacco Free Generation \(Sample Policy\)](#)
 - Stoneham, Melrose, Wakefield started with preventing new tobacco licenses, prevent renewal, etc. there will be eventual decreases in sale
 - Efforts to [Regulate Kratom](#)

Adjourn Meeting

Next Meeting is Monday, December 11th, 2023, 9 am at Market Street