

Town of Lynnfield

Services for Senior Citizens

- 1. Lynnfield Senior Center Offerings (781-598-1078)**
 - Lifeline Medical Alert Service**
 - Emergency Kit Checklist**
 - File of Life**
 - Yellow Dot**
 - Yearly Flu Shot Clinic**
 - Free Blood Pressure Clinic Tuesdays with nurse**
 - Support Groups (Hard of Hearing, Low Vision, Caregiver's, Grief)**
 - Certified SHINE Rep (serving the Health Insurance Needs of Everyone)**
 - From Scratch Hot Lunch Daily**
 - Thrift Shop**
 - Alterations**
 - One on One Computer Lessons**
 - Hair Dressers**
 - Manicurist**
 - Yearly AARP Tax Assistance**

- 2. Greater Lynn Senior Services (GLSS) (781-598-0110)**
 - The RIDE Door to Door Transportation Service**
 - Home Care Services**
 - Meals on Wheels --Adult Protective Services; Elder Abuse & Long-Term Care Ombudsman Program**
 - Housing Assistance**

- 3. Disaster Preparedness Plan (Police Dept)**

- 4. Smoke Detectors/Carbon Monoxide (Fire Dept.)**

- 5. Free Passes for seniors**

